



## **JOB POSTING**

**Food Services**

**Inasmuch House**

**Good Food Program Worker**

**Full-Time, Permanent (22.5 Hours Per Week)**

**1 Position**

(Bargaining Unit Position as per Collective Agreement)

**Wage \$22.74 to \$25.61 Per Hour**

**(Plus Benefits & RRSP)\***

**Posting No. MS0528**

### **POSITION SUMMARY:**

Engaging with, and assisting residents, as they cook, as well as warming, and serving meals as needed. The ideal candidate will have an understanding of the issues related to domestic violence and trauma and be able to respond with sensitivity and non-judgement.

### **KEY RESPONSIBILITIES:**

- Supervise, and assist residents as they cook meals for themselves and/or their children
- Actively engage with residents while they are in the kitchen/dining space
- In coordination with management, design comprehensive nutrition education materials and workshops that address the specific dietary needs and challenges faced by survivors of violence against women and individuals who are marginalized
- Lead interactive and engaging nutrition workshops for residents, covering topics such as meal planning, budget-friendly cooking, and nutrition basics
- Offer one-on-one support to residents to address their personal dietary concerns, preferences and health goals
- Organize and coordinate nutrition-related events, cooking classes, and wellness activities to promote a healthy lifestyle and community-building among residents
- Conduct assessments and gather feedback from residents to evaluate the impact and effectiveness of nutrition initiatives, making adjustments as needed
- Stay up -to-date on current research, trends and best practices in nutrition and wellness to continually enhance program offerings and support for residents
- Ensure ingredients are available that meet the cultural and health needs of residents
- Warm and serve pre-prepared food for residents who choose not to cook for themselves/their children
- Ensure a high standard of cleanliness in the kitchen
- Coordinate with Mission Services' Food Services Department regarding the inventory of food and basic kitchen supplies
- Ensure high standard of health and safety in the kitchen space
- Attend staff meetings and training as required
- Work safely, identify any health and safety concerns and report these to management, and follow Mission Services workplace health and safety policies and procedures at all times

- Adhere to a strict confidentiality policy
- Other duties as required to ensure the continuation of services to residents

#### **QUALIFICATIONS:**

- Minimum diploma or degree in related field- ex. Social Service Worker, Social Worker, Assaulted Women and Children Counsellor/Advocate studies
- Knowledge or education around healthy eating and dietary concerns is an asset
- Experience working with volunteers and supervisory skills is an asset
- Food Handlers Certification is an asset
- Awareness of, and sensitivity to, the issues related to women and children experiencing trauma from violence and ability to work from a trauma-informed perspective
- Understanding of the importance of residents being able to cook for themselves and their children, including culturally-specific meals
- Ability to work sensitively with people of diverse backgrounds who experience trauma, poverty and/or discrimination
- Ability to work under pressure and in crisis situations
- Confident decision maker and enthusiastic team player
- Committed to upholding the organization's mission, values and standards
- Fluency in French is an asset

#### **HOURS OF WORK:**

- 22.5 hours per week
- Will be required to work Saturday to Monday
- Will be required to work three (3) days per week with the ability to have a flexible schedule available to work both weekdays and weekends

#### **COMPENSATION:**

- Wage starts at \$22.74 per hour
- \*Benefits after 3-months of full-time continuous employment
- \*Group RRSP Employer matching up to 3% after one (1) year of continuous employment

#### **REQUIREMENTS:**

- Police Vulnerable Sector Check
- Two-Step Tuberculosis Skin Test
- Proof of double COVID-19 vaccination, or willingness to register to receive these vaccinations as soon as possible

**To apply for this position, please send your cover letter and resume by 5:00PM by October 8, 2024 to:**

**Sharan Kaur**

**Mission Services of Hamilton**

**P.O. Box 368, Hamilton, ON L8L 7W2 or email to [skaur@mission-services.com](mailto:skaur@mission-services.com)**

*At Mission Services of Hamilton, we value diversity in our employees and we work from an anti-racism/anti-oppression framework and strive for equity and inclusion.*

*We strive to foster an organization that reflects the diversity of the community we serve and welcome applications from all qualified candidates. We encourage applications from individuals from underserved and underrepresented cultural and racial communities, from First Nations Inuit and Metis communities, Two-Spirit, LGBTQIA+ communities, and people living with disabilities, and those with lived experience of abuse, food insecurity, homelessness, mental health difficulties and addictions.*

*Mission Services is also committed to developing an inclusive, barrier-free selection process and work environment. We thank all applicants, however, only those candidates selected for an interview will be contacted. If contacted, please advise us if you require any accommodation measures to ensure you will be interviewed in a fair and equitable manner. Information received relating to accommodation requests will be treated with confidentiality.*